



PROJECT DOVE SERVICES

- Safe Shelter
- Peer Support
- Court Advocacy - assistance in obtaining a Restraining Order and support for legal proceedings.
- Crisis Intervention
- 24 Hour Crisis Line
- Rural Outreach
- Children's Programs
- Community Education
- Information & Resources
- Referrals
- Child Abuse Advocacy
- Adult Classes
 - » Family Intervention Program
 - » Parenting After Trauma

**ALL Project DOVE
services are
confidential!**



OUR MISSION
To break the cycle of domestic and sexual violence as well as human trafficking in our community by providing shelter, intervention, prevention, education and support services for adults and children.

*Hands Are Not
For Hitting*

**24-Hour Crisis Hotline
1 (800) 889-2000
"Se habla español"**

It is not necessary to report an incident of domestic abuse or sexual assault to Law Enforcement in order to receive assistance from Project DOVE.



**Domestic Violence
Eliminated**



**DOMESTIC VIOLENCE &
SEXUAL ASSAULT SERVICES**

**"Safety Through Shelter
& Support"**

What Is Domestic Violence?

A pattern of coercive behavior used by one person to control and subordinate another in an abusive relationship. These behaviors include physical, sexual, psychological, and economic abuse. Coercion, terrorism, degradation, exploitation, and violence are used to instill fear in the victim.

What Is Sexual Assault?

Any kind of sexual activity with anyone who is not in a position to give willing, informed consent. This includes rape, attempted rape, sexual harassment, obscene gestures or phone calls, and sexual activity with a minor, whether penetration occurs or not.

What Is Stalking?

Unwanted and repeated contact from another person. Intentional, malicious, repeated following or harassing behavior that causes the victim to fear for his or her personal safety.

Domestic Violence, Sexual Assault & Stalking Victim Reactions

Adult and child victims can experience a variety of short-term and long-term reactions which may include:

- Depression/Anger
- Sleep Disturbances
- Isolation
- Low Self-Esteem
- Self-Blame
- Confusion
- Chronic Fear

Project DOVE

Program Services & Site Information
(Services are for both men & women.)

Administration & Advocacy Services

541-889-6316
44 N W 5th Avenue, Ontario, OR

- Safe Shelter
- Support Groups for Women and Children
- Information and Referrals
- Court Advocacy
- Training
- Crisis Intervention
- Toll-Free Crisis Line:
1 (800) 889-2000

Unique Boutique

541-889-1970
189 S. Oregon Street, Ontario, OR

Open to the public
Mon-Fri: 10am-5:30pm, Sat: 10am-4pm

We carry high quality used clothing and small household goods. Donations accepted here or call us for a pickup at your location.

If you, or someone you know, is in an abusive or violent relationship, please CALL PROJECT DOVE for help.

Personal Safety Plan

A personal safety plan can help keep you safe during an abusive incident.

Keep a small bag hidden and easily accessible. Pack it with any of the following items that you have available:

- Extra set of house & car keys
- Driver's License
- Social Security Cards
- Birth Certificates
- Health/Life Insurance Papers
- Medical Records/Cards
- Car Registration & Insurance
- Passport/Green Card
- Divorce/Custody Papers
- Money and/or Credit Cards
- Bank Books
- Checkbook and Extra Checks
- Medications
- Jewelry
- Address Book
- Pictures of you, kids, spouse
- Toiletries/Diapers
- Change of clothes for you and your children
- Children's small toys

Remember, it is okay if you forget something you need. Your support system may be able to help you replace things you need.